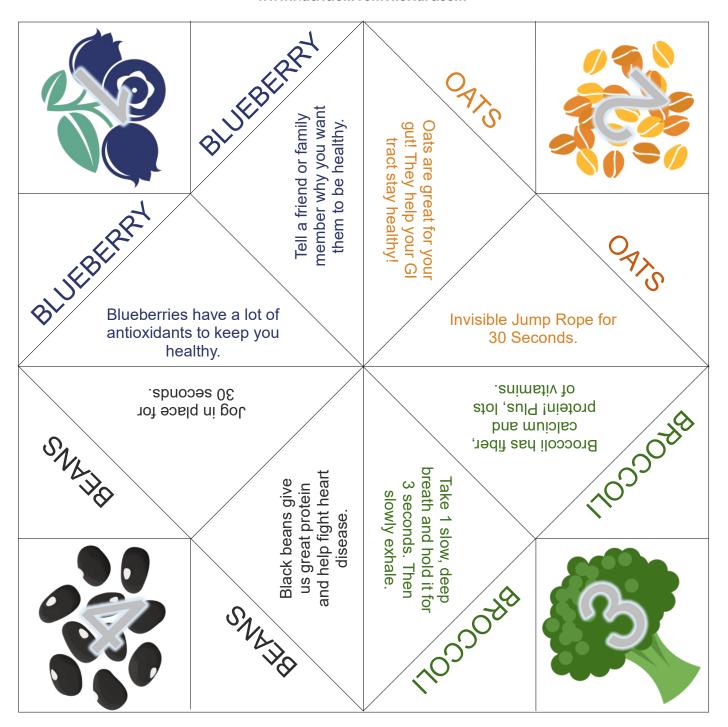
Nutrition Education Fortune Tellers

www.NutritionFromTheHart.com



- 1. Print and cut the outside square of the fortune teller.
- 2. Fold in half and in half again in the opposite direction.
- 3. Open out, turn over so the top is blank, and fold each corner into the middle. Turn it over and repeat.
- 4. Turn so you can see the pictures, fold each corner to create a square showing 4 pictures.
- 5. Fold so words come together and touch.
- 6. Slide thumb and pointer finger under pictures and all pictures together in fortune teller form.
- 7. Ready to use the fortune teller!

